



Get Your Garden Cleanup into Gear

Mulch & Compost

The most environmentally-friendly way of dealing with fallen leaves is to mulch them, if desired, compost. Using your lawnmower's mulcher not only saves you from raking & bagging, but provides free mulch & compost for your garden.

Once mulched, spread a layer at least 16 cm deep on top of your vegetable garden & flower beds. The worms will mix it in! Mulching will help the soil retain moisture, protect it from heat, cold & wind. And best of all, inhibit the growth of weeds.

Making compost from your leaf mulch is a

longer, more complicated endeavour. Deposit any remaining leaf mulch into your compost bin. Add-in organic material such as kitchen waste, which needs to be mixed, watered & turned over in order for the material to decompose over time. Resulting in a nutrient-rich humus that will feed a thriving garden.

Eco-Friendly Cleanup

Start from the top by removing dead limbs from trees before heavy winter snow weakens them, causing damage to your property. Prune hedges & overgrown bushes & cut back anything that touches your house walls or roof.

Clear your vegetable garden by digging out old plants & vines. Add them to your compost & till the garden plot well. Top with several inches of compost & cover with mulch. In your flower garden, discard spent annuals & pooped-out perennials. You can save the seeds of the annuals in an envelope & store in a cool, dark place to plant in the spring.

A simple fall cleanup will protect your garden during winter & give your little pocket of nature a head start in spring!



Did You Know...

...that fall weather can trigger migraines?

The leaves are changing, the air is cooling and the headaches begin.

Changes in barometric pressure or weather



and/or extreme cold temperatures mean added stress during the holidays.

Because lifestyle elements / triggers actually cause physiological changes within the body this is how they ultimately trigger the migraine attack.

Here are a few tips to

alleviate the migraines.

Aromatherapy is one of the most powerful remedies, followed by exercise, massage, and heat & cold.

Experiment, try a cold pack wrapped in a couple layers of towel on your neck, but avoid extremes either cold or hot.

September 2011

Avg. Sale Price for Campbell River

Property Type	Sales	Avg. Sale
Single Family	36	\$289,794
Condo (Apartment)	5	\$154,630
Condo (Townhouse)	1	\$ 70,400
Lots	0	(no lot sales)

I am looking for Buyers for...

- 1 - 1600 sq. ft. rancher (under construction)
- 2 waterfront homes
- 1 semi-water front home on 1.1 acres
- 2 acreages - 20 acre and 82 acre
- 2 custom built ocean view homes

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Carpet or Hardwood?

Your flooring is like your home's feet & finding the right type of flooring is like finding the right shoes.

You want to balance style, comfort & cost. If your floors need updating, here are some tips to help in finding the perfect fit.

- **Style:** Carpet fell out of favour for a time, but it has made a comeback with a wide variety of options. Ideal for bedrooms & play areas, select natural colours to accommodate décor changes & to optimize resale value.
- **Comfort:** Carpet is soft, cozy & welcoming to your toes in our cold Canadian climate. It also absorbs sound & lessens the noise of TV & children running about. Carpet can help reduce heating bills & is a good choice if you live in a condo or townhouse. Hardwood is cold & can be warmed up with area rugs. Hardwood floors are also noisy, but strategically placed rugs & runners can help soften the look & sound.
- **Cost:** Carpet is cheaper & when cared for, can last 10 to 15 years. Replacing carpet can make a home look new again, especially when you want to sell. Hardwood is more expensive, but is hard-wearing & should last 20 years or more. Refinishing hardwood can be costly, but hardwood is a great investment. *Like fine wine, it gets better with age.*



Bob Davidsen

“Mirror Mirror on the Wall...”

The Décor Effect

The most important thing to consider when buying a mirror is the frame.

Frames come in countless styles, shapes & colours, allowing you to take a plain piece of glass & transform it into a functional work of art.

A large or ornate framed mirror adds drama above a fireplace or creates a memorable first impression in an entryway. A leaning wall mirror in a plain or adorned frame can provide a decorative focus while helping to reflect plenty of space & light. Smaller mirrors can enhance interiors when grouped. For example, a series of three round mirrors in plain metallic frames will render a minimal, nautical impression. Alternatively, fashion a bolder display by linking together a

group of smaller multi-shaped mirrors in a variety of frames to form an eye-catching patchwork.

Reflecting Space & Light

Mirrors make a space seem larger, so don't be shy to use them beyond their decorative appeal. Try a mirrored backdrop to an open bookcase & it will extend & enhance the objects on the shelves. Add length to a short hallway by hanging a vertical mirror on a narrow wall. Create the illusion of space beyond the room by hanging a set of window-like mirrors, complete with muntins or grilles on a window-less wall.

Mirrors also enhance light, so if you have a small dark room, place a mirror opposite the window & it will open up the space & increase the light. Mirrors expand your view &

reflect movement in your home. A curtain blowing in the breeze is calming, & doubly so when reflected in a mirror.

Home Safe

Let's not forget about the outside use of mirrors for safety & security. Convex mirrors are a double boon for driveways & blind spots—not only do they let you see children or pedestrians as you back out, but they can see you too.

As an added security feature, a mirror 90 degrees opposite your front door opening reflects a visitor, without having to fully open the door.

Mirrors are versatile, functional & decorative. Let them work their magic & reflect your own taste!